

# **Health and Well-being at SUNY Oswego**



## The SUNY Oswego Student Health Fee

SUNY Oswego is committed to supporting the well-being of all students. The Health Fee, paid by all students regardless of course modality, location, and matriculation status, goes to support the staff and strategies needed to create and maintain a culture of care on our campus. The Fee funds both in-person and remote programs, clinical care, and other strategies offered by multiple departments in the Division of Student Affairs including the Office of the Dean of Students (ODS), Student Health Services (SHS), and Counseling Services (CSC).

Telemedicine and telecounseling are only available to SUNY Oswego students currently studying in New York State. International and online students studying outside of New York State are not eligible.

### **Services Offered**

#### Medical

- Primary Care Services
- A dispensary for prescription medications
- Medical, surgical and dental referrals
- Routine Laboratory testing
- Reproductive health care through OCO (Oswego County Opportunities)
- Physical examinations
- > Employment physicals
- > Sports waiver exams

- STI (sexually transmitted infection) testing
- Emergency first aid for campus visitors
- Self Care Clinic (also known as "cold clinic" — dispensing OTC medications)
- PrEP (pre exposure prophylaxis)
- Transgender care
- Diagnostic COVID testing
- Immunizations

#### Mental Health

- Individual counseling
- Group counseling
- Let's Talk (drop-in consultation counseling)
- Crisis intervention
- Case management
- Consultation

- Outreach programming
- Limited psychiatry services
- Referrals to community-based services
- Risk screening and assessment
- Peer education
- Workshops on mental health topics

#### Health and Alcohol and Other Drug Education

Workshops and other requests may be made by calling the Office of the Dean of Students at **315.312.5483** or by visiting **oswego.edu/student-affairs**.

To learn how we can best support you wherever you are studying, please contact us at:

**Counseling Services** | 315.312.4416 | oswego.edu/csc

Office of the Dean of Students | 315.312.5483 | oswego.edu/student-affairs/dean-students

**Division of Student Affairs** | 315.312.3214 | oswego.edu/student-affairs