



IOWA STATE UNIVERSITY

Graduate & Professional Student Senate

GRADUATE AND PROFESSIONAL STUDENT SENATE Meeting Agenda

Monday, October 26, 2020; 6:30 PM
WebEx Meeting

- I. Call to order 6:30 PM
 - i. Roll Call
 - ii. Statement of Quorum by the Chair
 - iii. Approval of Meeting Notes from September 2020
 - iv. Amendments to the Agenda
- II. Speakers
 - i. Associate Vice President Erin Baldwin, Associate Vice President Health Services (*she/her/hers*)
 - a. *Director of Theilen Student Health center*
 - b. *Updates about Student/Health Wellness Unit*
 1. *Background: integrated holistic services to help students be well/mindful etc.*
 2. *Continue working to support the 8 dimensions of wellness on campus.*
 3. *Several different departments (showed impact statement, and also impact on campus – interacted with over 85% of student body in the past fiscal year)*
 1. *Rec Services: all facilities open for use and with mitigation strategies in place (we encourage you to use facility if you feel safe to do so, and our classes are still being offered)*
 - (i) *Intramural sports still happening, and you don't have to be a master athlete to participate.*
 - (ii) *Outdoor rec activities are available still.*
 2. *Student Wellness: focuses on health promotion and prevention.*
 - (i) *Working to address food insecurity, power-based violence.*
 1. *Supported the student-run food pantry (The Shop) and continue to expand services.*
 2. *Fresh food open mores is the goal.*
 3. *Highlighting the Collegiate Recovery Community (CRC) and is available as a resource.*
 4. *How do we safely celebrate things with COVID19 (resources online for this)*
 5. *Four-week Sleep Well program*
 6. *Campus Suicide Prevention grant with extended training funded, etc.*
 7. *Cognito (may be taken online via Canvas)*
 8. *Takeaway – wellbeing self-assessment tool (NEW) for individual needs, and depending on your responses, we can provide resources for you)*



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3. *Student Counseling: continues to provide full range of services*
 - (i) *22 groups, weekly workshops, crisis sessions, individual counseling, and other resources for self-help*
 - (ii) *Graduate and non-traditional student group also available*
 - (iii) *Therapy Assistance Online (helped supported by Student Government)*
 1. *App you can add on your phone, allows you to use some minutes of downtime, assessments, mindfulness, etc.*
 - (iv) *New handouts, brochures, and videos (YouTube channel also)*
4. *Theilen Student Health Center (TsHC)*
 - (i) *Here via in person or via telehealth (appointments usually available same-day)*
 - (ii) *Access to 24/7 medical advice if necessary*
 - (iii) *Open during the week and also on the weekends*
 - (iv) *Flu-shots! Can be scheduled at the clinic, but we will also have a mobile flu-clinic on Nov 11 as well*
 - (v) *ISU-SSHIP – most services at not cost (main exception is physical therapy which has a \$10 copay)*
 - (vi) *Online resources, patient portal, other stuff as well*
 - (vii) *Mental health support: there are lots of different options for you, either for your or your peers, and you can find information through Student Health and Wellness, Counseling and TsHC*
 - (viii) *Other resources for crisis (text-line, national hotlines, etc.)*
4. *Cyclonehealth.org*
- c. *COVID-19*
 1. *Personal Health goes over what tests are available and what mitigation/interventions are currently in place (lots of detailed information from testing to case management, contract tracing, etc.)*
 2. *Student Life and Cyclones Care also has highlights available*
 1. *Positive case percentage is less than <5% right now (going on 6 weeks)*
 3. [ISU COVID Dashboard](#)
 4. *Testing site at Johnny's in Hilton*
 1. *Symptomatic, known contacts, random sample, or ongoing assessment of other testing methods*
- d. *Questions:*
 1. *VP Johnson – your presentations sound great for students to understand what resources we have, and yet many of us teach online; are there online modules?*
 1. *There is a module on Canvas that can be sent out, but any information you feel is helpful you can go ahead and share*



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2. *Senator Hall – I have heard complaints about Theilen saying that they didn't feel supported and had meds pushed on them when they really needed counseling; is there a place where this could be reviewed?*
 1. *Thank you for this feedback, but it does depend on the student. The health center is more for that medical support but counseling can either happen through counseling services or based off in network counseling resources.*
 3. *VP Johnson – can we have access to this presentation?*
 1. *Yes, and it can be posted to the Canvas page as well.*
- ii. *Representative from Catt Center - did not identify themselves; possibly not here*
- III. **Executive Reports to the Senate (5 min each) – PLEASE REFER TO THE EXECUTIVE REPORTS**
 - i. Report of the President
 - ii. Report of the Vice President
 - iii. Report of the Treasurer
 - iv. Report of the Senate Information Officer
 - v. Report of the Senate Engagement Officer
 - vi. Report of the Graduate and Professional Student Research Conference Chair
 - vii. Report of the Graduate Health and Wellness Chair
 - viii. Report of Student Government Senators
 - ix. Report from LAS Committee
- IV. **Internal Matters**
 - i. SO F20-08: Nominating Graduate Students to the Student Government Senate
 - a. *No nominations*
- V. **New Business - none**
- VI. **Senate Forum**
 - i. Meeting date for November (Nov 30 or Dec 7)
 - a. November 30th
 - ii. *Some students concerned about they are waiting for the visa process to be issued, but everything is working very slow. Some have received emails from department heads/chairs that they will have their assistantship will not be extended after January 29th, or they will lose their assistantship. It sounds like graduate students are concerned/stressed about this, and I am not sure who would be the point of contact in order to*
 - a. *Dr. Cutrona – please email me (ccutrona@iastate.edu) and I will be happy to help you and get the Graduate College working on it*
 - iii. *Does our stipend in any way get affected? – No*
 - iv. *I'm not sure when the right time to ask this: If there was a student who missed the deadline for GPSS funding for a conference is there any way to do it now? Or once the deadline is passed it's not an option?*



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- a. *The deadline for PAG is final, we can't unfortunately do anything about it.*
- v. *I may have missed this but could you please clarify how the stipends for graduate students without teaching appointments for winter session will work? Will they have to be RAs for 8 weeks.*
 - a. *It depends on the date of the LOI. If you have an appointment for both Fall and Spring, and then in addition you have an RA for winter, then there are guidelines for extra stipends, but if you are doing something in winter session that would have been normally done in Fall or Spring, it's a different situation,*

VII. Roll Call and Announcements

VIII. Adjournment