

All your favorite brands

Fantastic Fall Savings!

Look for more than 70 coupons throughout the store.



find savings throughout the store!



save with **COOP deals.**

\$1.00 off 2

Annie's
Any two frozen pizza bagels or poppers

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$1.00 off

Annie's
Any graham sandwiches item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$1.00 off

Back Roads Granola
Any 10-39.2 oz. granola or oats item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$1.50 off 2

Back to Nature
Any two cookies or crackers

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$2.00 off 2

Beyond Good
Any two 2.64 oz. bars

Present one coupon per two items purchased. Limit of four coupons per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$2.00 off

Bio-K
Any 6-pack item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$3.00 off

Biokleen
Any 64 fl. oz. 3X concentrated laundry liquid

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$3.00 off

Biosil
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$2.00 off

Boiron
Any ColdCalm baby liquid or kids pellets

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$1.00 off

Bubbies
Any condiment, pickles or sauerkraut item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

find savings throughout the store!



save with **COOP deals.**

\$1.00 off

Chameleon

Any 32 fl. oz. cold-brew coffee concentrate

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$2.00 off 2

Choice Organics

Any two 16 ct. bagged tea

Present one coupon per two items purchased. Limit of 20 coupons per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$5.00 off

Comvita

Any manuka honey item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$1.00 off 2

Divina

Any two items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$1.00 off 2

Divine

Any two 3 oz. bars

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$1.00 off 2

Earth's Best

Any two jars or pouches

Present one coupon per two items purchased. Limit of 20 coupons per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

50¢ off

Endangered Species Chocolate

Any 3 oz. bar

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$1.00 off

Epsosak

Any Epsom salts

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$1.00 off 2

Essentia Water

Any two 15.2 fl. oz. hydroboost items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **COOP deals.**

\$1.00 off

Food Should Taste Good

Any 5.5 or 11 oz. item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**

find savings throughout the store!



save with **coop deals.**

\$2.00 off

Four Sigmatic

Any box of elixir mixes or mushroom blends

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off

Four Sigmatic

Any box of instant coffee, latte or cacao or 12 oz. coffee

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$3.00 off

Garden of Life

Any organic herb item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

GoodPop

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Herb Pharm

Any item (excluding breath refreshers)

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Guayaki Yerba Mate

Any 15.5 fl. oz. can

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.50 off

Hu

Any 2.2 oz. bar or hunk or baking chips

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

75¢ off

If You Care

Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



find savings throughout the store!



save with **coop deals.**

\$1.00 off

Immaculate
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Jolly Llama
Any item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

75¢ off

Kerrygold
Any 7 oz. cheese block

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Lakewood
Any aloe item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.50 off 2

Koia
Any two 12 fl. oz. protein shakes

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off 2

Lightlife
Any two plant-based meat or tempeh items

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.50 off 2

Made in Nature
Any two 3-8 oz. dried fruit items

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Manitoba Harvest
Any protein powder or fiber item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Eat Meati
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

find savings throughout the store!



save with **coop deals.**

\$1.00 off

Melt Organic
Any organic plant butter

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off

Natural Factors
Any 90 ct. ginger, DGL or Whole Earth & Sea or Natural Factors Probiotics

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Nature's Bakery
Any 6-10 ct. item

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

NOW
Any letter vitamin or mineral item

Present one coupon per item purchased. Limit of 15 coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Nutpods
Any refrigerated creamer or cold brew coffee

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Pirate's Booty
Any 4 oz. bag

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.50 off

Once Again
Any 12 or 16 oz. almond butter

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off 2

Pop & Bottle
Any two 8 or 11 fl. oz. lattes

Present one coupon per two items purchased. Limit of four coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off

Radius
Any item (excludes pet care)

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 10/31/24.**

find savings throughout the store!



save with **coop deals.**

\$1.00 off

Rudi's
Any 18 oz. bread

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off 3

Siggi's
Any three 5.3 oz. plant-based coconut blends

Present one coupon per three items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Simply Organic
Any extract or flavoring

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$3.00 off

Simply Tera's
Any protein powder

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

SkinnyPop
any 4.4-5.3 oz. item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Spectrum
Any Spectrum Essentials item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Stonyfield Organic
Any 32 oz. yogurt (excludes Greek yogurt)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Stonewall Kitchen
Any fruit spread, jam or jelly item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off 2

Strong Roots
Any two frozen vegetable or potato items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

find savings throughout the store!



save with **coop deals.**

\$2.00 off

The Honey Pot
Any item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off

Ultima Replenisher
Any 3.7 oz.
30 serving tub

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Tony's Chocolonely
Any 4 oz. or larger item

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.50 off

Wedderspoon
Any drops, lozenges
or pops

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

50¢ off

Vita Coco
Any 500 ml. coconut water

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

75¢ off

Tillamook
Any cheese item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off 2

Wildbrine & Wildvine
Any two items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off

Woodstock
Any nut or seed butter

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**

find savings throughout the store!



save with **coop deals.**

\$2.00 off

Woodstock
Any packaged nuts, seeds
or dried fruit

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off 2

Woodstock
Any two condiments
(excludes hot sauce)

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off 2

Yachak Organic
Any two 16 fl. oz. items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off

Zoe
Any item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off

Flackers
Any 4-5 oz. item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.50 off

T-Relief
Any item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off

Rainbow Light
Any multivitamin capsules

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$2.00 off

Natural Vitality
Any Calm item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**



save with **coop deals.**

\$1.00 off 2

Woodstock
Any two banana waters

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 10/31/24.**