



## Be a Force of Nature!

The weather is constantly changing. One day it's sunny; and the next could be stormy. It's just how our planet works. There's a saying that "people like talking about the weather but can't do anything about it". But there is! You can be prepared for it. You can be Be a Force of Nature. Help the National Weather Service build a Weather-Ready Nation.



**Be a Force of Nature** by knowing what to do when dangerous weather strikes.



### **Flooding: Turn Around, Don't Drown!**

Flooded rivers and roads covered by water are dangerous. Do not attempt to cross. Turn Around, Don't Drown!



### **Lightning: When Thunder Roars, Go Indoors !**

There is no safe place outside when thunderstorms are in the area. If you hear thunder, you are in danger! Go indoors immediately.



### **Tornado: Get in, Get Down, Cover Up!**

A tornado watch means that tornadoes are possible. A tornado warning means that a tornado has been sighted - seek shelter in a sturdy building immediately! If you're caught outside, lie flat on the ground. Do not attempt to outrun a tornado.



### **Hurricane: Be Prepared!**

The Atlantic Hurricane season runs from June 1 to November 30 each year. Hurricanes cause heavy rain that can produce flood damage - even if you don't live on the coast. Make sure you know what to do if a hurricane threatens your home town. Be prepared by having three days of food and water on hand .



### Heat: Beat the Heat!

Summer heat can be an extremely dangerous silent killer. When it gets hot, slow down. Drink plenty of water. Stay out of the sun until it cools off. Be smart and Beat the Heat.

**W**hether you're facing a powerful thunderstorm, a raging rain storm or a dangerously hot summer day, you can Be a Force of Nature by knowing your risk, and by being an example to your family, neighbors and friends.

### Weather.gov

How hot is it? Will it rain tomorrow? Will severe weather ruin my day! Check the National Weather Service forecast at [www.weather.gov](http://www.weather.gov)

### Become a Young Meteorologist!

Complete this free course and you can earn your own young Meteorologist Certificate Check out the Young Meteorologist Program at [www.youngmeteorologist.org](http://www.youngmeteorologist.org).



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### Owlie Skywarn Says:

- Lightning CAN strike in the same place twice, and can strike from a storm miles away.
- Tornado winds can reach over 300 miles per hour.
- Severe weather can strike any time of year, in every U.S. State and territory.
- Heat is the deadliest kind of weather.
- As little as six inches of fast-moving flood waters can knock over an adult - imagine what it could do to you. And rushing water just two feet deep can carry away most vehicles.

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