NOAA Form 57-03-34
(06-15)

NATIONAL OCEANIC AND ATMOSPHERIC ADMINISTRATION

## ANNUAL DIVER TRAINING RECORD

This form is used to record the completion of the annual training required for every NOAA Diver. The activities do not need to occur on the same day, but they must be completed once every twelve (12) months. When all activities are completed the form should be signed by the diver and the UDS. A digital or printed copy should be retained in the Unit files until the following year's training record replaces it.

DIVER LAST NAME		DIVER FIRST NAME		MI	FINAL COMPLETION DATE	
DIVING UNIT NAME / LOCATION		UNIT DIVING SUPERVISOR NAME		UNIT D	UVING SUPERVISOR SIGNATURE	
	TOPSIDE TRAINING (COMPLETE APPLICABLE ITEMS) NDP Standards, Policies & Procedures Oxygen Administration Recognition & Treatment of Diving Injuries Rescue Techniques NOAA No-Decompression Tables Dive Accident Management (DM/LD only) Field Neurological Exam (DM/LD only)	COMPLETION DATES	(COI	MPLETE AF ual Medica Gear Inver ulator & B0 ification of	ntory CD Service	
	<ul> <li>WATERMANSHIP ASSESSMENT (COMPLETE ONE, ALL ARE 500 m</li> <li>Bathing suit with mask/goggles, any stroke (except backstroke) in 15 min.</li> <li>Wetsuit with mask, snorkel &amp; fins in 12 min.</li> <li>Underwater in scuba gear and wetsuit in 16 min.</li> <li>TIME TAKEN TO COMPLETE SWIM</li> </ul>			<ul> <li>h / 550 yd TIMED SWIMS)</li> <li>Bathing suit with mask, snorkel &amp; fins in 10 min.</li> <li>Drysuit with mask, snorkel &amp; fins in 15 min.</li> <li>Underwater in scuba gear and drysuit in 22 min.</li> <li>COMPLETION DATE</li> </ul>		
Pre-dive buddy check Properly weighted Buoyancy control Controlled descent / ascent rate U/W navigation and orientation U/W communication (hand signals) Mask removal, replace and clear Regulator recovery (3 methods) DIVER OBSERVING IN-WATER SKILLS		Disconne Ditch and Buddy br Air sharir Weight b Drysuit ro Deploy ar Buddy co	<pre>we as U = Unsatisfactory, N =Needs Improvement, S = Satisfactory, E = Excellent) Disconnect / reconnect inflators (BCD &amp; Drysuit) Ditch and don Scuba unit (surface &amp; bottom) Buddy breathing to surface (as donor &amp; recipient) Air sharing to surface (as donor &amp; recipient) Weight belt remove / replace (surface &amp; bottom) Drysuit roll outs &amp; venting (if drysuit certified) Deploy and use RASS Buddy contact and awareness during dive COMPLETION DATE OF IN-WATER SKILLS watisfactory, N =Needs Improvement, S = Satisfactory, E = Excellent)</pre>			
Assist panicked diver (surface & bottom) Assist unconscious diver (surface & bottom) Tow diver to exit point (3 methods) DIVER OBSERVING RESCUE DRILLS		Emergen	Emergency Oxygen & AED administration In-water rescue breathing on unconscious diver Extricate unconscious diver from water COMPLETION DATE OF RESCUE DRILLS			